

- ◆ The Flat Incline Combo Bench makes it possible to train Flat and Incline bench press in the same unit. It includes a platform at the rear for a spotter.

FLAT/INCLINE COMBO. BENCH
JBR-133

- ◆ **DIMENSION:**
Length : 72 inches / 183 cms
Width : 86 inches / 218 cms
Height : 58 inches / 147 cms

- ◆ **MUSCLE WORKED:**
Anterior Deltoid
Triceps Brachii

